



Building Better Oral Health Communities

Better Oral Health in Home Care

A post-quiz: What do you know now?



Government of South Australia
SA Health



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Disclaimer

While every effort was made to ensure the information was accurate and up to date at the time of production, some information may become superseded as future research and new oral hygiene products are developed. In addition, the information in this resource is not intended as a substitute for a health professional's advice in relation to any oral health issues of concern.

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What do you know now? (Quiz)

Please complete this questionnaire to check your level of understanding **after** you have completed Part 1 and Part 2 of Better Oral Health in Home Care. Keep going back over the resources until you know the answer to all of the questions.

	I know this	I need to know more	I don't know
1 Why is good oral health important for a person's quality of life?			
2 Why is good oral health important for a person's general health?			
3 Why are older people more at risk of poor oral health?			
4 What are the 4 oral health processes required to maintain a person's oral health?			
5 List the types of health workers who can encourage and support older people to maintain good oral health?			
6 How do you care for natural teeth?			
7 How do you care for dentures?			
8 What is dry mouth and how can it be relieved?			
9 What is tooth friendly eating and why is it important?			
10 Why is it important to encourage and support an older person to quit smoking?			
11 When should an older person see a dental professional?			
12 What information and support considerations are required to prepare an older person for a dental appointment?			
13 How do you encourage an older person who has dementia to participate in oral health care?			
14 What are the common oral health problems suffered by older people?			
15 List the oral health changes that should be reported to the care coordinator for follow up oral health assessment and possible dental referral?			

