



Building Better Oral Health Communities

Better Oral Health in Home Care

Activity 2: Dementia and oral care



Government of South Australia
SA Health



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Disclaimer

While every effort was made to ensure the information was accurate and up to date at the time of production, some information may become superseded as future research and new oral hygiene products are developed. In addition, the information in this resource is not intended as a substitute for a health professional's advice in relation to any oral health issues of concern.

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Activity 2

Dementia and oral care

Learning Outcomes

Knowledge, appreciation and understanding of:

- ways to promote effective communication
- how to create the right environment
- ways to promote participation
- how to respond to changed behaviour.

Instructions

Read

Read Better Oral Health in Home Care Part 1

Refer to:

- Dementia and oral care.

Watch

Watch Video

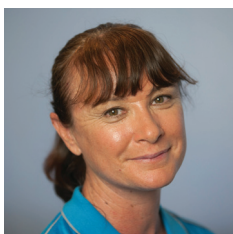
Dementia and oral care (9 minutes)

www.sahealth.sa.gov.au/oralhealthforolderpeoplevideos



Answer

Characters



Julie
Care worker



Henry
Client with dementia

1. How can you use your attitude, speech and body language to communicate more effectively with a client who has dementia?

- Attitude

- Speech

- Body language

2. What is the best time for oral care?

3. How do you decide the best location for oral care?

4. What can you do to help make the bathroom feel safe and comfortable for the client?

5. How can you help your client overcome fear of oral care?

6. What is bridging?

7. What is chaining?

8. What is the hand over hand technique?

9. What can you do to distract the client?

10. What can you do if oral care is not working?

11. What can you do if the client has delusions?

12. What can you do if the client grabs out at you or grabs your wrist?

13. What can you do if the client hits out?

14. What can you do if the client walks away?

15. What can you do if the client does not open their mouth?

16. What can you do if the client keeps turning their face away?

17. What can you do if the client bites the toothbrush?

18. What can you do if the client holds onto the toothbrush and does not let go?

19. What can you do if the client spits?
