



Building Better Oral Health Communities

Better Oral Health in Home Care

Activity 3: Understanding the mouth



Government of South Australia
SA Health



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This resource was developed by the Building Better Oral Health Communities Project which was funded by the Australian Government Department of Social Services under the Encouraging Better Practice in Aged Care (EBPAC) Initiative (2012-2014).

The Building Better Oral Health Communities Project was led by SA Dental Service in collaboration with:

- Helping Hand Aged Care Inc SA
- Aboriginal Elders & Community Care Services Inc SA
- BaptistCare NSW & ACT
- Hunter New England Oral Health, NSW
- The University of Adelaide, SA - School of Nursing & ARCPOH.

Disclaimer

While every effort was made to ensure the information was accurate and up to date at the time of production, some information may become superseded as future research and new oral hygiene products are developed. In addition, the information in this resource is not intended as a substitute for a health professional's advice in relation to any oral health issues of concern.

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Title

Better oral health in home care / prepared by:
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ISBN

9781742437323 (ebook)

Notes

Includes bibliographical references.

Subjects

Older people--Dental care--South Australia
Older people--Health and hygiene--South Australia
Mouth--Care and hygiene--South Australia

Other Creators/Contributors

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Building Better Oral Health Communities Project.
South Australian Dental Service.

Dewey Number

362.197600846

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www.ausgoal.gov.au/creative-commons
Public--I1--A1

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Activity 3

Understanding the mouth

Learning Outcomes

Knowledge, appreciation and understanding of:

- how an acid attack causes tooth decay
- tooth friendly eating and drinking
- prevention of gum disease
- dry mouth
- reporting oral health changes
- oral health assessment tools
- information and support considerations required for a client’s dental appointment.

Instructions

Read

Read Better Oral Health in Home Care Part 1

Refer to:

- Care of natural teeth
- Relief of dry mouth
- Tooth friendly eating
- Seeing a dental professional
- Reporting oral health changes.

Watch

Watch Videos

It starts with the mouth (9 minutes)

Oral health self-learning quiz (5 minutes)

Oral health assessment (5 minutes).

www.sahealth.sa.gov.au/oralhealthforolderpeoplevideos



Answer

1. Describe the makeup of a tooth.

2. How does decay occur?

3. What is the benefit of fluoride?

4. How can you encourage and assist a client to protect their teeth?

5. What oral health changes would you report to the care coordinator?

• Lips

• Tongue

• Gums and oral tissue

• Saliva

• Natural teeth

• Dentures

• Oral cleanliness

- Dental pain

- Emergency

6. What other changes would you report?

- Bathroom

- Kitchen

- Shopping

- Meal Preparation

7. Describe the 6 Question Oral Health Assessment Tool.

8. What are the 8 categories of oral health checked as part of the Oral Health Assessment Tool?

9. What does a client need to be eligible for public dental care?

10. What information and support considerations are required to help prepare a client for a dental appointment?
