



# Better Oral Health in Residential Care

## Facilitator Portfolio

Education and Training Program

Pre-Quiz



Government of South Australia  
SA Health



Better Oral Health  
in Residential Care

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This resource was developed by the Better Oral Health in Residential Care Project which was funded by the Australian Government Department of Social Services (previously Department of Health and Ageing) under the Encouraging Better Practice in Aged Care (EBPAC) Initiative (2008-2009).

## The Better Oral Health in Residential Care Project was led by SA Dental Service in collaboration with:

- Australian Research Centre for Population Oral Health, The University of Adelaide
- Department of Human Services, Victoria
- Centre for Oral Health Strategy, NSW
- Kara Centre for the Aged, Baptist Community Services, NSW
- Kyabram and District Health Service –Sheridan, Victoria
- Umooona Aged Care Aboriginal Corporation, Coober Pedy, South Australia
- Tanunda Lutheran Home, South Australia
- Resthaven –Craigmore, South Australia
- Helping Hand –Parafield Gardens, South Australia

## Disclaimer

While every effort was made to ensure the information was accurate and up to date at the time of production, some information may become superseded as future research and new oral hygiene products are developed. In addition, the information in this resource is not intended as a substitute for a health professional's advice in relation to any oral health issues of concern.

ISBN 9780730897897

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Public-11-A1

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# Education and Training Program

Name \_\_\_\_\_

Date \_\_\_\_\_

Pre - Quiz	Date		
	Yes	No	Don't Know
1 When a resident refuses dental care it could mean they are experiencing dental pain			
2 When brushing a resident's teeth it is important to focus on the gum line.			
3 If a resident's gums bleed you should stop brushing the gums.			
4 It is important to rinse a resident's mouth with water after brushing their teeth.			
5 A resident with dementia may start brushing their teeth after holding a toothbrush for a few minutes.			
6 Residents' teeth or dentures, gums and tongues should be brushed morning and night.			
7 It is a good idea to have residents drink water after eating.			
8 When brushing a resident's teeth, apply a strip of toothpaste across the top surface of the brush.			
9 Chest infections may be caused by a build up of plaque in the mouth.			
10 Bad breath should be reported to the RN.			
11 Oral integrity is as important as skin integrity in protecting the body against infection.			
12 Dentures should be cleaned with toothpaste.			
13 The choice of denture disinfection product is important for partial dentures.			
14 The presence of stringy saliva in a resident's mouth is normal.			
15 Chlorhexidine products and toothpaste can be used at the same time.			
16 Drinking a lot of caffeine can affect a resident's oral health.			
17 It is best to try to reduce snacking on sugary foods between meal times.			
18 Toothbrushes should be replaced with the change of season (every three months).			
19 The daily application after lunch of an antibacterial product helps to prevent gum disease.			
20 Dentures should be taken out at night, cleaned and soaked in cold water.			

