



Building Better Oral Health Communities

Better Oral Health in Home Care Facilitator Guide

Session 1 plan



Government of South Australia
SA Health



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Better Oral Health in Home Care

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With acknowledgement

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The Building Better Oral Health Communities Project was led by SA Dental Service in collaboration with:

- Helping Hand Aged Care Inc SA
- Aboriginal Elders & Community Care Services Inc SA
- BaptistCare NSW & ACT
- Hunter New England Oral Health, NSW
- The University of Adelaide, SA - School of Nursing & ARCPOH.

Disclaimer

While every effort was made to ensure the information was accurate and up to date at the time of production, some information may become superseded as future research and new oral hygiene products are developed. In addition, the information in this resource is not intended as a substitute for a health professional's advice in relation to any oral health issues of concern.

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Session 1 Plan

Location requirements: Internet access, computer and data projector

Activity 1: Better oral health in home care

Learning outcomes

Knowledge, appreciation and understanding of:

- factors contributing to poor oral health
- impact of poor oral health on quality of life and general health
- 4 key oral health processes
- role of the home care worker
- Better Oral Health in Home Care model
- STOP, CHECK and ACT thinking framework.

Resources	Facilitator activity	Student activity	Time
Student What do you already know? (Quiz)	Introduce	Complete quiz	5 min
Facilitator • PP presentation Better Oral Health in Home Care • facilitator PP notes	PP presentation	Observe Listen Discuss	15 min
Student • Better Oral Health in Home Care resource • Activity 1 handout	View AV resource Discuss Summarise	Resources	20 min
Facilitator • Care workers: oral health heroes (14 min video) • Activity 1 answers			

Activity 2: Dementia and oral care

Learning outcomes

Knowledge, appreciation and understanding of:

- ways to promote effective communication
- how to create the right environment
- ways to promote participation
- how to respond to changed behaviour.

Resources	Facilitator activity	Student activity	Time
Student • Better Oral Health in Home Care resource • Activity 2 handout	View AV resource Discuss Summarise	Read Watch Answer	20 min
Facilitator • Dementia and oral care (9 min video) • Activity 2 answers			
Total			60 min

