



Building Better Oral Health Communities

Better Oral Health in Home Care Facilitator Guide

Session 2 plan



Government of South Australia
SA Health



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Better Oral Health in Home Care

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With acknowledgement

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The Building Better Oral Health Communities Project was led by SA Dental Service in collaboration with:

- Helping Hand Aged Care Inc SA
- Aboriginal Elders & Community Care Services Inc SA
- BaptistCare NSW & ACT
- Hunter New England Oral Health, NSW
- The University of Adelaide, SA - School of Nursing & ARCPOH.

Disclaimer

While every effort was made to ensure the information was accurate and up to date at the time of production, some information may become superseded as future research and new oral hygiene products are developed. In addition, the information in this resource is not intended as a substitute for a health professional's advice in relation to any oral health issues of concern.

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Session 2 Plan

Location requirements: Internet access, computer and data projector

Activity 3: Understanding the mouth

Learning outcomes

Knowledge, appreciation and understanding of:

- how acid attack causes tooth decay
- tooth friendly eating and drinking
- prevention of gum disease
- dry mouth
- reporting of oral health changes
- oral health assessment tools
- information and support considerations required for a client's dental appointment.

Resources	Facilitator activity	Student activity	Time
Student • Better Oral Health in Home Care resource • Activity 3 handout Facilitator • It starts with the mouth – tooth friendly eating (9 min video) • Oral health self learning quiz (5 min multimedia) • Oral health assessment (5 min video) • Activity 3 answers	View AV resource Discuss Summarise	Read Watch Answer	30 min

Activity 4: Care of natural teeth

Learning outcomes

Knowledge, appreciation and understanding of:

- client positioning
- toothbrushing technique
- toothbrush care
- oral health conditions related to natural teeth.

Resources	Facilitator activity	Student activity	Time
Student • Better Oral Health Care in Home resource • Activity 4 handout Facilitator • Care of natural teeth (10 min video) • Activity 4 answers	View AV resource Discuss Summarise	Read Watch Answer	15 min

Activity 5: Care of dentures

Learning outcomes

Knowledge, appreciation and understanding of:

- removal and reinsertion of dentures (full and partial)
- denture brushing technique (full and partial)
- how to remove calculus
- oral health conditions related to dentures

Resources	Facilitator activity	Student activity	Time
Student • Better Oral Health in Home Care resource • Activity 5 handout Facilitator • Care of dentures (5 min video) • Activity 5 answers	View AV resource Discuss Summarise	Read Watch Answer	10 min

Student • What do you know now? quiz		Complete quiz	5 min
Total			60 min

