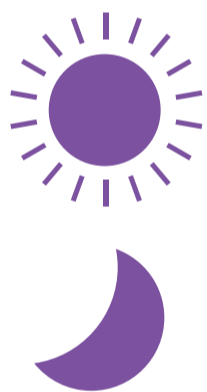




Brush morning
and night



High fluoride
toothpaste
on teeth



Soft toothbrush
on gums, tongue
& teeth



Antibacterial
product after
lunch



Keep the
mouth moist



Cut down
on sugar



Six of the best ways to maintain a healthy mouth

Protect your residents' oral health



Government of South Australia
SA Health



Better Oral Health
in Residential Care



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