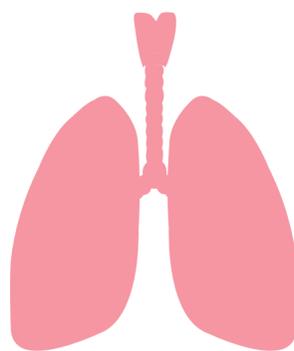Reduce risk of
Stroke

Help prevent
Heart Disease

Avoid
Pneumonia

Prevent
Tooth Decay

Reduce
Gum Disease & Bad Breath

A healthy mouth will improve overall health and well-being

Good oral health is essential for healthy ageing